

Capsule Endoscopy Preparation Instructions

1. THE DAY BEFORE YOUR PROCEDURE

- Starting at 12 PM, you may only have clear liquids (*this includes the bowel prep*)!
 - o Acceptable clear liquids include:
 - Beef or chicken broth
 - Jell-O or popsicles (***NO RED, PURPLE OR ORANGE***)
 - Sprite
 - 7-UP
 - Ginger Ale
 - Apple juice
 - Water
 - Tea or coffee (***PLAIN, NO CREAM OR SUGAR***)
- Beginning at **8pm**
 - o Begin taking your Suprep medication
 - Pour one 6-ounce bottle of Suprep into the mixing container
 - Add cold drinking water to the 16oz line on the container and mix.
 - Drink all of the liquid (16oz) **IMPORTANT**: Over the next hour you **MUST** drink two more 16oz glasses of WATER.

****PLEASE STOP ALL CLEAR LIQUIDS AFTER 10 PM ****

2. THE MORNING OF YOUR EXAM

- Please take any or all medications **4 hrs. prior to your exam** (*with a small sip of water*)
- **An hour prior to your exam**, take 80MG of Mylicon or Gas X (*over the counter*).

3. AFTER SWALLOWING THE CAPSULE

- The hospital will provide you with further instructions.

****Please contact the office IMMEDIATELY if you suffer from any abdominal pain, nausea, or vomiting during the capsule. ****

4. AFTER COMPLETING THE EXAM

- If you are not sure that the capsule has passed out of your body and you develop unexplained nausea, abdominal pain, or vomiting, contact your doctor for evaluation.

Your exam is scheduled on _____ at _____ am / pm

At _____. Please arrive no later than _____ am / pm

Important: It is important that you contact your insurance company **5 DAYS PRIOR** to your procedure date. You may have a co-payment the day of your procedure and are responsible to verify with your insurance in advance. Patients calling to cancel less than 2 business days due to a high co-payment may be subject to a \$150.00 cancellation fee.